



**2023-24**

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## Contact Information

**PACA’s Main Office:**11-5929-9500

**PACA’s Sports Office:**11-5929-9520

**PACA’s Athletic Director Cell:**11-99689-3331

### **São Paulo High School League Participating Schools**

**-Chapel School:** 11-2101-7400 (R. João Vigário de Pontes, 537 –Chácara Flora)

**-Escola Americana de Campinas (EAC):** 19-2102-1000 (R. Cajamar, 35 –Campinas)

**-Graded School:** 11-3747-4800 (Av. Pres. Giovanni Gronchi, 4710 –Morumbi)

**-St. Paul’s School:** 11-3087-3399 (R. Juquiá, 166 –Jd. Paulistano)

### **Transportation & Tournaments**

**-Sussantur (travel bus service):** 11-5928-4554

**-Acampamento Nosso Recanto 2:** 35-3655-1013 ([www.nr.com.br](http://www.nr.com.br))

# Purpose Statements

**Mission:** To develop young people, through quality education rooted in Biblical truth, who impact their world through Christ.

## Vision

To become a leading international Christian school:

- (1) providing high-quality education while integrating biblical truth into all areas of learning,
- (2) nurturing and instructing students to love, to learn, and to live out the Christian faith, and
- (3) promoting the cause of Christian education throughout the world.

## Core Values

- Recognition of the Bible as the revealed, infallible Word of God taught as truth
- Commitment to serve the missionary community
- Implementation of a quality US-type program which includes a well-developed Brazilian curriculum, effectively preparing students for university studies
- Employment of Christian personnel who model Christ in teaching, leading, and discipling students
- Dedication to academic excellence maximizing each student's potential while equipping them to think critically in the context of a biblical worldview
- Appreciation for a multicultural community that prepares the student for successful interaction in adverse, interdependent world
- Support of the parental responsibility for the education of children
- Encouragement of active participation in local evangelical churches

## PACA's Approach to Athletics

The athletic philosophy of a Christian school, which seeks to honor Jesus Christ, is to help students mature in their Christian walk and sportsmanship as well as pursue excellence in physical skills. It involves:

- (1) A subordination of individual preferences for the welfare of other team members and the team as a unit
- (2) Good physical conditioning
- (3) Proper respect for the authority of coaches and officials
- (4) Growth in being magnanimous in victory and gracious in defeat
- (5) Commitment to always playing within the rules
- (6) Perseverance

These ingredients are not easily attained. They require a close, personal walk with the Lord Himself in the midst of athletic trials in order to become a part of the individual's athletic philosophy. The PACA athletic department has as its purpose the nurture of such a philosophy in the mind and heart of every Christian athlete who participates in the physical education program.

# Athletic Director's Greeting

Our Athletics program's main focus is in preparing our Student-Athletes for life and creating an environment where Christ-like character can be developed. We believe that through competitive sports and the preparation necessary for competition, our student athletes will go through a wide range of experiences which deeply carryover to life and while doing so also develop Christian Character traits. Aside from developing our athletes physical and technical skills necessary for their specific sport, our coaches and myself included are deeply committed to developing in our athletes teamwork, discipline, work ethic, selfless sacrifice, and more importantly we encourage and challenge them in walking and growing in their personal relationship with our Father. Understanding the missional call for all of us as disciples of Jesus to be salt and light, games and tournaments also provide us with great moments to interact with other athletes and carry out our call. Even though winning is a goal and is an indicator of success in any athletic endeavor, what we really take pride in is seeing the personal growth which takes place in the lives of our students as they go through our program.

Taking into consideration our students' safety and wellbeing every year we prepare a specific schedule of practices, games and tournaments. In order to keep you informed of this and any other important information that may arise, we are committed to using the PACA website, PlusPortals, PACA's Facebook page, letters and announcements in the Daily Bulletin and the PACA Weekly as means of communication. Your partnership and support are invaluable and necessary for the success of our program. When possible, please make time to come to our games and support our Warriors.

If you have any questions please do not hesitate in reaching out to me via email at [renato.sousa@paca.com.br](mailto:renato.sousa@paca.com.br) or calling me at 5929 9520.

In Christ,

Renato Sousa

# Athletic Seasons

PACA participates in two seasons of competition. During both seasons, Varsity student-athletes compete in the São Paulo High School League (SPHSL) and the AASB Big 8 Tournaments while the Junior Varsity (JV) student-athletes have a modified league and compete in the Little 8 Tournament at the end of each semester.

## **Season 1** (August-November)

- JV and Varsity Soccer: boys and girls
- JV and Varsity Basketball: boys and girls
- Varsity Girls Cheerleading
- Offseason JV and Varsity Volleyball: boys and girls

## **Season 2** (February-May)

- JV and Varsity Futsal: boys and girls
- JV and Varsity Volleyball: boys and girls
- Offseason JV and Varsity Basketball: boys and girls

## **JV and Varsity**

It is a São Paulo High School League (SPHSL) and Little 10 rule that student-athletes may only participate in JV if they are 15 years of age and under. Students that turn 16 before June 1st, 2024 will not be eligible for JV. PACA reinforces that student-athletes that are 15 years of age and younger should be participating in JV Teams. Exceptions for participation in a Varsity team may only be granted after further analysis of all the coaches involved, the Athletic Director and the Secondary Principal.

In the exceptional case of a student-athlete participating in both JV and Varsity teams a specific practice and game schedule will be put together by the Athletic Director after consulting the coaches involved. This will be done by taking into consideration the athlete's optimal development and the best interest of the program.

While a student may, in exceptional circumstances, participate in the JV and Varsity tournaments, priority will be given to participation in the age-appropriate team. Athletes who participate in both tournaments are subject to a higher standard for participation.

# **Expectations for Participation**

Because our sports program serves the purpose of forming the character of our student-athletes, it is important for each player to understand their commitment to the team. This principle applies to all team activities: practices, meetings, games, tournaments and other events –from the beginning of the season to its end. Coaches will hold try-outs during pre-season and up to the first two weeks of the regular season. Once players are on the team, they will be expected to be fully committed. Quitting the team should not be considered an option except under outstanding circumstances and only after fully informing the coach and Athletic Director.

We encourage all participants to actively engage in the sport in order to maximize the benefits of physical exercise and competition. As an exception, coaches may also choose to keep a student on the team as Manager. Team Managers will be under the direct supervision of the head coach and should seek to help the coach with tasks that will serve the needs of the team.

Each practice is an hour and five minutes in length. First practice is from 3:35-4:40 pm and second practice is from 4:45-5:50 pm. Two buses will return to run specific routes later, leaving PACA at 6:00 pm so that every student has the opportunity to participate.

-Consequences for missing practice will be left up to each coach's discretion.

-If a player has questions or conflict to be resolved, the first person to approach about this would be the coach, then the Athletic Director. Decisions made by coaches will be fully supported by the Athletic Department.

## **Dress Code**

For practices, shorts must be at a modest length. Boys must wear appropriate shirts during practice, a bib is not considered a shirt. Student-athletes that are not properly dressed will not be allowed to participate in practices that day.

During sports events, athletes should wear the uniform provided or previously approved by the school. They are required to keep their uniform in good condition and return it at the end of the season.

# São Paulo High School League

The SPSHL consists of five schools that agree to uphold the philosophy and code of conduct outlined below. Current members are PACA, Graded, Chapel, St. Paul's and the American School of Campinas (E.A.C.).

The member schools of the SPSHL compete in five competitive sports over the course of two seasons. All SPSHL sanctioned sports are open to boys and girls at both the JV and Varsity levels. SPSHL sports include:

## First Semester:

- Boys & Girls Soccer, Boys & Girls Basketball and Cheerleading

## Second Semester:

- Boys & Girls Futsal, Boys & Girls Volleyball

The tournament is a five-team double round-robin with playoffs at the Varsity level and a round-robin with playoffs for the JV level.

## Philosophy and Purpose

1. The SPSHL exists to provide a forum for organized interscholastic sports competition at the Varsity and JV level
2. The SPSHL exists as a vehicle for modeling sportsmanlike behavior by all athletes, coaches, official representatives and fans of member schools
3. The SPSHL exists to foster the growth of the ideals of sport: physical fitness, positive attitude, teamwork, character development, fundamentals and competition as a healthy means of self-expression.
4. The SPSHL exists to foster positive relations between member schools by emphasizing friendly competition on the athletic field and cooperation off the field.

## Athletic Code of Conduct

**Integrity.** Encourage honest and sportsmanlike conduct. Act and compete honorably.

**Respect.** Cheer *for* your school, not *against* your opponents and deal peacefully with anger and disagreements.

**Responsibility.** Exercise self-control and represent yourself, your team and your school community with honor.

**Fairness.** Treat all participants, officials and spectators fairly and with respect. Know the game and be willing to listen and learn.

**Class.** Be gracious in victory and accept defeat with integrity.

# Sports Tournaments

At the end of every season, JV and Varsity student-athletes will have the opportunity to participate in an AASB (Association of American Schools in Brazil) tournament. Currently all AASB tournaments are held at the *Acampamento NR2*. Each sport tournament is a 4 day event and the cost can be payable via the schools tuition invoice.

## First Semester

### Big 8

- Varsity Soccer: boys and girls
- Varsity Basketball: boys and girls / Varsity Girls Cheerleading:

### Little 10

- JV Soccer: boys and girls
- JV Basketball: boys and girls / Varsity Girls Cheerleading: non-competitive

## Second Semester

### Big 8

- Varsity Futsal: boys and girls
- Varsity Volleyball: boys and girls

### Little 10

- JV Futsal: boys and girls
- JV Volleyball: boys and girls



# Official AASB Code of Conduct

Revision: March 2023

## AASB EXPECTATIONS

All AASB schools have mission statements that speak of high academic expectations and high expectations for character development and community building. We believe extra-curricular trips demand an increased layer of behavioral expectations and that the elements of risk are heightened for teachers, administrators, parents, students and for the school due to the elevated risk inherent in taking numbers of students off campus.

### **Diversity, Equity and Inclusion Statement**

The Association of American Schools in Brazil (AASB) is committed to diversity, inclusion, and gender equity amongst its members, event participants, volunteers, and community.

AASB welcomes all individuals to participate in our event offerings. Embracing our differences while removing barriers to promote diversity, equity and foster inclusion, is integral to serving the educational athletics and activities community. As leaders in our community, we continue to listen, learn and collaborate on how educational athletics and activities can be inclusive and accessible for all. We have zero tolerance for any behaviors which discriminate against anyone - athletes, coaches, referees, staff, guests - through language or interactions that target their identity or culture in any way. Our athletics and activities programs are created to be safe and inclusive spaces for all student-athletes and participants.

Any violations of this statement will result in immediate action through the process of our Disciplinary Committee which is explained in our [AASB Athletics & Activities Constitution](#).<sup>1</sup>

**Draft Approved by the AASB Heads of Schools on March 16, 2023**

<sup>1</sup> Modified from the [Canadian Endurance Sport Alliance \(CESA\) Diversity, Equality and Inclusion Statement](#)

Given the above, we believe a set of clear behavioral expectations and aligned consequences are necessary to help our schools support positive behavior and address infractions and violations consistently.

**Level I - Minor Infractions** include the following but are not limited to:

1. Violation of Curfew
2. Poor Sportsmanship

**Level II - Major Infractions** include the following but are not limited to:

1. Leaving any AASB venue without permission and/or proper supervision
2. Use or possession of drug/alcohol/tobacco/vaporiser/weapons
3. Physical, sexual, or verbal abuse including violation of the AASB DEI statement
4. Emotional abuse such as hazing and bullying.

***If there are consequences that need to be administered on the Major Infraction level, please refer to the [AASB Constitution](#) for the process of the Disciplinary Committee being formed.***

**Consequences** include the following but are not limited to:

1. The student (or those involved) will be declared ineligible for participation in the next scheduled activity. (Level I)

2. The student (or those involved) will be declared ineligible for further participation in the event. This would include games, dances, and awards ceremonies. (Level I & II)
3. A student (or those involved) may be sent home which will be at the parent's expense. (Level II)
4. The student (or those involved) will be excluded from the next event in which they would be eligible to participate/represent their school. (Level II)
5. The student (or those involved) may be excluded from all future events for a period of **one year** from the date of the infraction, including the same tournament/event the following year. (Level II)

**AS A STUDENT / PARTICIPANT AT AN AASB EVENT I SHALL:**

1. Show respect for other students, teammates, opponents, officials, and coaches.
2. Respect the integrity and judgment of event officials or organizers.
3. Exhibit fair play, sportsmanship and proper conduct on and off the playing field or competition area.
4. Refrain from the use of profanity, vulgarity, other offensive language, and gestures.
5. Refrain from any violent or aggressive behavior that jeopardizes the safety and/or wellbeing of others.
6. Adhere to the established rules and standards of the game or event that is to be played.
7. Respect all property and use it safely and appropriately.
8. Not use alcohol, tobacco, vaporizer and drugs.
9. Follow the rules and regulations of the host school or organization.
10. Respect established curfews.
11. Not leave the premises of the sponsored event without permission from their school's representative.
12. Not enter sleeping quarters other than their own.

**AS A PARENT / SPECTATOR AT AN AASB EVENT I SHALL:**

1. Encourage students to compete within the rules, respect chaperones/coaches and officials' decisions.
2. Encourage all students to respect the efforts of other participants and teams.
3. Remember that children learn best by example, applaud good plays/performances by both my team and their opponents.
4. Give positive comments that motivate and encourage continued effort, focus on the team/individual efforts and performance – not the score.
5. Thank the coaches/chaperones, officials and other volunteers who give their time to conduct the event for my child.
6. Respect the rights, dignity, and worth of all people involved in the sport or activity, regardless of their gender, ability, or cultural background.
7. Not criticize or ridicule any student's performance.
8. Refrain from using bad language.
9. Not harass or disrespect students, coaches/chaperones, officials or other spectators.
10. Not argue with an official or administrator. If I disagree with a decision or have a query, I will inform the coach/chaperone or manager after the competition.
11. Display sportsmanship and act with integrity.

# Coaches Expectations

## *PACA coaches will...*

- Expect consistent participation in practices, games and team activities
- Take all possible measures to ensure the safety of their players at all times both on and off the field of play
- Communicate with each student-athlete's family regarding practice, game and tournament schedules
- Model sportsmanship, adherence to league rules and respect for authority
- Demand teamwork and combined effort at all times
- Be responsible for the behavior of their players both on and off the field at league games as well as during tournaments
- Use training to teach their athletes about the physical limits, the importance of conditioning and the value of life-long fitness
- Support student-led initiatives to raise funds for the sports tournaments
- Work with the Athletic Director and Secondary Principal to support the academic success of every student-athlete

# Expectations for Fans

## **Respect for Authority**

No coach, player or fan should verbally or physically attack a referee, player, coach or non-participants. Fans may not enter the court or field without specific permission from a coach, referee or athletic director.

## **Respect for Participants**

PACA encourages their coaches, athletes and fans to cheer positively.

## **Information**

Parents are responsible to transmit any important information (i.e. health issues/emergencies) about their child to the AD and coaches.

# Eligibility Policy

1. All students will start the beginning of the school year eligible for sports participation.
2. Secondary students who have 2 or more Fs or an average that is below 73% for middle school and 70% for high school after receiving any grading (mid-term or quarterly) reports are ineligible to participate in games. If, within the first 10 school days after the grading period concludes, the student raises his/her grade to eligibility standards, he/she will become eligible for sports competitions. If a student does not raise their grade above eligibility standards after the designated 10 school days, they will not be allowed to practice nor travel with the team(s) for the remainder of the grading period. At the conclusion of each grading period, an ineligible student is re-evaluated for eligibility.
3. Ineligibility/Re-eligibility starts the day after the grade reports are issued.
4. Students with diagnosed learning disabilities who fall below the eligibility standards may be allowed to continue to participate in interscholastic sports (to be decided on a case-by-case basis), providing that they are not missing any homework assignments and receive approval from the administration in consultation with the student's teachers.
5. In order to be eligible to participate in any after-school sports practice, the student must have been in class for at least 2 blocks of the day. Any athlete that is absent for any part of the day for any reason will not be allowed to participate in the game that day. Absences caused by emergency situations will be reviewed by the administration. (The following examples are what are considered emergency situations: army appointments, death in the family, medical emergencies, traffic emergencies.)
6. All athletes are under the authority of the supervising coach(es). Failure to follow the rules and procedures of the supervising coach(es) may result in such measures:
  - a. Ineligibility to participate in the next scheduled game
  - b. Parent contact and/or conference
  - c. Ineligibility to participate in the sports' tournament
  - d. Dismissal from the team

# Sports Credit

## PE Program – Sports Credit

PACA requires two full credits of High School Physical Education for graduation. A student earns 0.5 credits by completing a one semester class of PE, Functional Fitness, Jiu-Jitsu **or** two sports **within the same school year**. A student must complete a minimum 0.5 Physical Education/sports credits each school year of their PACA high school career.

A student earns 0.25 credits for each varsity sport they successfully complete **in the same** school year. JV sports will be considered for sports credit, though a student may not earn sports credit for both varsity and JV of the same sport.

## Varsity Sport for PE Credit Regulations

The student must successfully complete the entire season in good standing with the coach and team. Coaches will evaluate their athletes based on the following guidelines:

### Rubric Guideline

- Attendance (10%)
- Skill (40%) – performance in games and improvement of skills and abilities.
- Attitude (50%) – teachability, team-playing, respect, commitment, perseverance, leadership, sportsmanship, encouraging, and other characteristics.

# Athletic Awards

At the close of each season there will be a Sports Assembly, generally held in the first and eighth periods on Tuesday. During this time each coach will celebrate the team's growth and accomplishments. Every player will receive a Character Award, which he or she exhibited throughout the season in addition to the special awards described below.

## Requirements for a Letter

All athletes who finish the season in good standing with the team, and the coach, should receive a certificate. In addition, athletes may receive a letter "P" or a pin if they play in approximately 50% of the playing time of all games and the coach believes they deserve such an award.

## Special Awards

- MVP: Most Valuable Player
- MVDP: Most Valuable Defensive Player
- MVOP: Most Valuable Offensive Player
- MVMP: Most Valuable Mid-field Player (for soccer only)
- MIP: Most Improved Player

## Senior Athlete Award

This award is the epitome of all Athletic Awards at our school and we believe that those who receive it embody our holistic approach to athletics. This means that the winner of this award must be an exemplary athlete, leader, team-player, display great sportsmanship, and strive to be "Salt and Light" in all athletic endeavors.

The senior student-athlete must have:

- The endorsement of at least two varsity coaches that can attest to his/her leadership & sportsmanship.
- The endorsement of at least two teachers that can attest to his/her leadership and exemplary behavior in classes and school events
- Participated in six or more seasons throughout High School
- Lettered in four or more of those seasons
- Received at least two MVP Awards **OR**
- Received at least four other special awards (MVOP, MVDP, MVMP, MIP)
  - Has a total of at least 4 points in awards

# Emergency Plans

It is essential that all parents complete the medical form issued at the beginning of each school year. The following are guidelines and procedures:

1. The school staff will not give any medication to students without prior authorization from the parents.
2. Emergency transportation and medical staff will be available throughout the full duration of any sports activity at PACA, at another SPHSL school and at the sports tournaments.
3. In the case of a serious injury, the medical staff will provide on-spot care while the parents are contacted based on the information provided on the medical form.
4. If a serious emergency occurs requiring immediate action, the school will contact the services indicated by the parents on the medical form.

***\*Both PACA & the SPHSL strongly recommend that student-athletes wear either contacts or sports-appropriate goggles instead of eyeglasses to ensure safety for both practices and playing.***

# Necessary Forms for Participation

All students who wish to participate in our Athletics Program must turn in a copy of of the following forms to the Athletic Director:

- Health History and Athletics Authorization Form;
- Sports Physical/ "Atestado Médico";
- Athletics Acknowledgement Form (AASB Code of Conduct & Athletics Handbook).
  - *All of the forms above can be found on Plus Portals in the Athletics Group.*

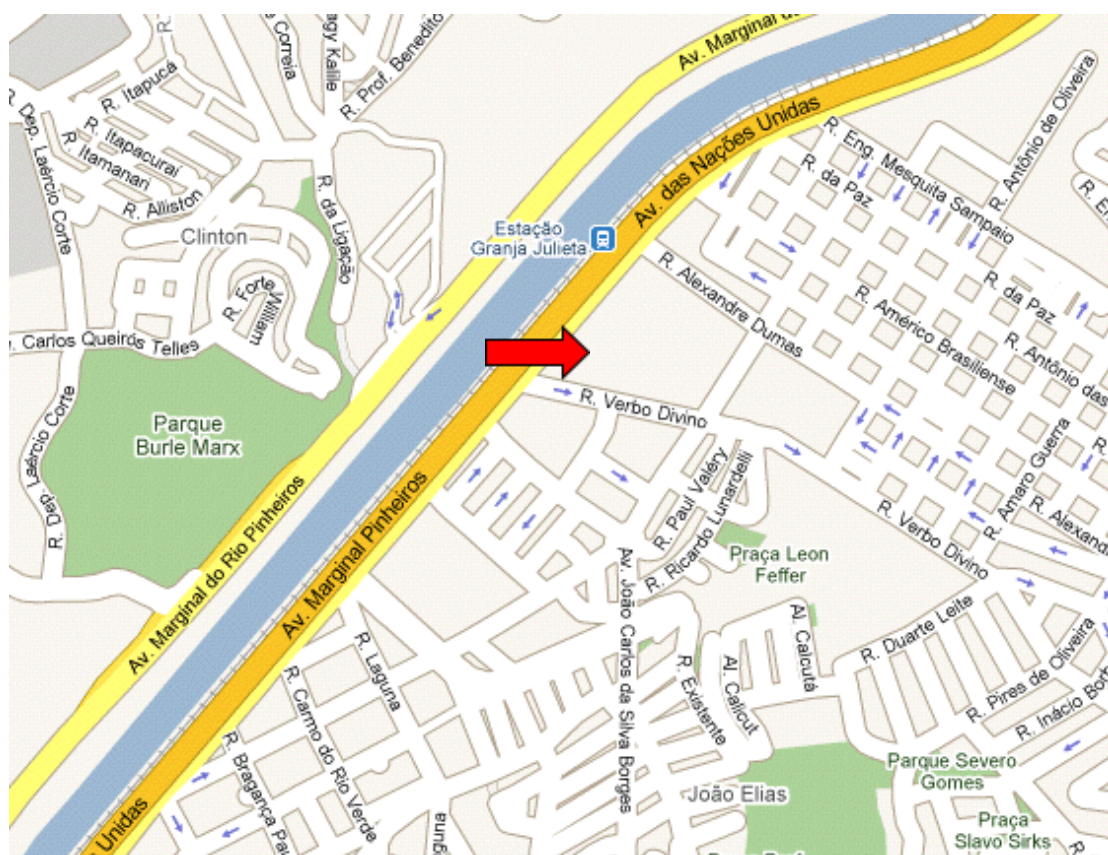
# Pick-up & Drop-off Points

## Pick-up Points

When going to EAC, St.Paul's or NR2 on a nonschool day.

### 1) “Carrefour”

Before *Estação Granja Julieta* and right after *Rua Verbo Divino* there is a driveway with a parking lot in front of a large unmarked building. You can pull in and park there to wait for the bus that will pull into that driveway to pick up the students.





## 2) “Eldorado”

Just off the Marginal Pinheiros, on Av. Rebouças at a bus stop beside the exit for Shopping Eldorado’s parking lot.



## Drop-off Point

When returning from EAC, St.Paul's and NR2.

**“McDonalds Panamby”**, right off the Marginal Pinheiros, in front of the **“EXTRA”**.

